

East Bay Doula Circle

Name	Phone	Email	Website	Fee	Area	Services	Languages
Deidre Abrons	510-836-0273	deidre@kindbirth.com	www.kindbirth.com	\$800	Oakland, Berkeley, Alameda	Birth Doula, Pregnancy Massage, Postpartum Fitness Instructor	
Rachel Alkire	510-684-8633	rachelalkire@hotmail.com		\$400-\$600	East Bay	Birth Doula, Infant Massage, Acupressure, Massage Therapy	
Betsy Appell	415-254-0706	betsy@berkeleydoula.com	www.berkeleydoula.com			Birth Doula, Childbirth Educator, Prenatal Yoga Instructor	
Skye Ashley	925-586-6161	skyeashley@hotmail.com	www.lotusbirthservices.com			Birth Doula, Pregnancy Massage, Childbirth Ed, Prenatal Yoga, Blessingways, New Moms Groups	
Anna Bahnson	510-459-7673	familydoula@comcast.net	www.familydoulaservices.com	\$950 \$20/hr PP	East Bay	Birth & Postpartum Doula	
Jessica Berman	415-425-1576	jessica@birthadvocate.com		\$500 \$25/hr PP	East Bay, SF	Birth & Postpartum Doula, Twins	
Laura Berton	510-649-1527	suncovering@yahoo.com		\$300-\$500	East Bay	Birth Doula, Prenatal Dance Teacher, Prenatal Yoga Teacher	
Stacia Biletkoff	510-543-8411	staciadoula@yahoo.com	www.staciadoula.com	\$950	East Bay	Birth Doula, Postpartum Doula (Days), Massage Therapist	some Spanish
Amy Blackshaw	510-531-6555	amyshaw@gmail.com		Sliding scale	East Bay	Birth Doula, Childbirth Educator	Spanish
Conny Bleul-Gohlke	510-527-9757	conny.bleul@gmx.net		\$800 Sliding Scale		Birth Doula	German, Spanish
Nicki Bonfilio	415-487-4399	nbonfilio@att.net	www.unraveling.com	\$900	East Bay, SF, Marin	Birth Doula, Lactation Educator, Medical Intuitive, Astrological Counselor	some Italian
Melia Bosworth	510-325-3148	meliabosworth@yahoo.com				Postpartum Doula, Nights, Multiples, Childbirth Educator	
Katie Bowman	510-415-2193	katie.bowman@yahoo.com		\$25/hr PP	East Bay	Postpartum Doula, Breastfeeding Support, Maternal Nutrition	
Martha Braithwaite		mbraithw@mills.edu					
Jennifer Bruno	610-310-5583	gotswings@gmail.com		\$600 \$25/hr PP	East Bay	Birth Doula	
Aurora Carpendale	510-841-0803	eosmitra@hotmail.com			Berkeley, Oakland	Doula in Training	Spanish, French
Laurel Coates	510-816-6780	laurel@baydoula.com	www.baydoula.com	\$800	East Bay, SF, Marin	Birth & Postpartum Doula	
Nicole Collins	415-290-6773	n.collins@perkinseastman.com				Doula in Training	
Susan Cortez	510-483-5831	info@birthwonders.com	www.birthwonders.com	\$1,000	Bay Area	Birth Doula, ICCE Childbirth Educator, Reiki, Pediatric CPR and First Aid, Childbirth Hypnotherapy	
Janaki Costello	510-525-1155	janakicostello@gmail.com		Call for fee	East Bay	International Board Certified Lactation Consultant, ICCE Childbirth Educator, Birth Doula	
Michlene Cotter-Norwood	510-684-5475	lifeinbalance@prodigy.net	www.myspace.com/afroveda	\$1000-\$1200	East Bay	Birth & Postpartum Doula	

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Megan Curtis	510-207-5299	postpartumdoula.megan@yahoo.com		Sliding scale	East Bay	Postpartum Doula	
Stacy Day	650-322-2087	stacyday@earthlink.net		\$750	Hayward, Fremont, South Bay, Peninsula	Birth Doula, Prenatal Massage, Prenatal Yoga,	
Anne Delp	510-557-8029	annedelp@earthlink.net		\$950	East Bay	Birth & Postpartum Doula	
Margo Dunlap	510-451-2315	getmargo@gmail.com		\$600 Sliding scale	East Bay	Birth Doula, Midwifery Student	
Virginia Duplessis	510-287-8789	vduplessis@erols.com	www.mostformoms.com	\$750-\$1000	East Bay	Birth Doula, Pregnancy Groups, New Mothers Groups	
Alice Elliot	510-653-2831	elliott.alice@gmail.com		\$25-\$30/hr PP		Postpartum Doula, Childbirth Educator	
Mary Ellen Escalante	707-246-5720	escalante7@prodigy.net		Sliding scale	Bay Area	Birth & Postpartum Doula	
Cynthia Farrish	510-917-5871	cynparties@yahoo.com				Doula in Training	
Karen Fleischer	510-525-2560	karenmetta@aol.com		\$800-\$1000 \$35/hr PP	East Bay, SF, Marin	Twin Night Postpartum Doula, Massage	
Patti Fordham	415-850-3246	patti.doula@gmail.com		Sliding scale	Marin, East Bay, CCC, SF, North Bay	Birth Doula, CMT	
Mona Foster		doula_mona@yahoo.com		Sliding scale		Doula, Consultant on Lactation, Nutrition, and Co-Sleeping	
Debby Gipsman	510-710-4781	debbyg@gmail.com		\$400-\$700	East Bay	Birth Doula, Bodyworker, Movement Educator	Hebrew, Spanish
Jenny Goyne	510-685-4009	jgoyne@sbcglobal.net		\$27-\$35/hr PP	East Bay	Postpartum Doula, Lactation Support, Twins	
Stacy Hattori	925-373-0987	dshattori@sbcglobal.net	trivalleydoula.com	Sliding scale	Tri-Valley	Birth Doula	
Ann Hayman	415-826-7121	misslotus@comcast.net	www.thelotustouch.com	\$900-\$1200	SF, East Bay, Marin, Peninsula	Birth Doula, Massage Therapist	
Sabine Henrie	510-843-2091	sabineh@aol.com		\$30/hr PP	East Bay	Postpartum Doula, Childbirth Educator, Massage Therapist	
Jennifer Heystek	510-708-6741	jenheystek@sbcglobal.net	www.jenniferheystek.com	\$800	Alameda County	Birth Doula, Student Midwife	some Dutch
Peggy Hinkle	510-504-9413	peggyhinkle@yahoo.com		\$30-\$35/hr PP	East Bay, SF, some Marin, CCC, Peninsula	Postpartum Doula, Nights, Lactation Support, Twins, Days	
Tenaya Jackman	510-832-1648	tenayaj@yahoo.com		\$800-\$1500 \$30-\$35/hr PP	East Bay, SF, Marin, CCC	Midwife, Birth and Postpartum Doula	
Sara Jacobsen	510-962-KIND	sara@kinddoula.com	www.kinddoula.com	Sliding scale	East Bay, CCC	Birth Doula, Prenatal Massage Therapist	some Spanish
Deanna Jesus	925-216-7264	douladee@birthingbabies.com	www.birthingbabies.com	\$1,000	Bay Area	Birth Doula, Lactation Educator, Breastfeeding Specialist, HypnoBirthing Practitioner, Childbirth Educator	

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Linda Jones-Mixon	510-232-7678	fst6wks@aol.com		Call for fee	East Bay	Birth Doula, Night Postpartum, Multiples, Owner of Waddle & Swaddle	
Kelly Keller	510-526-5672	kelzkb@aol.com		\$500-\$900		Birth Doula	Spanish, Italian, some French
Jenny Kepler	510-472-5357	jenny_kepler@yahoo.com		\$800	East Bay	Birth Doula, Belly Casting	
Tomi Knutson	510-502-5799	dancingdoulabirthservices@gmail.com		\$700-\$800 \$25/hr PP	East Bay, SF	Birth & Postpartum Doula, Massage Therapist, Infant Massage, Twins, Nights, LGBT Families	
Jessica Lang Kosa	510-525-4795	jesskosa@alum.swarthmore.edu	www.dancingmamadoula.com	\$800	East Bay	Birth Doula	
Ellen Levitt	510-865-1076	ellenlevitt@wombservice.info	www.wombservice.info	Call for fee	East Bay, SF	Midwife, Postpartum Doula	
Patty Lipinska	510-849-1082	pattydoula@yahoo.com		\$750-\$1000	Bay Area	Birth Doula	
Janelle Lucido-Conate	510-295-5585	janellelucido@yahoo.com	http://goodbeginnings.janelle.googlepages.com/home	Call for fee	East Bay	Birth and Postpartum Doula	
Amanda Macdonald	510-499-0367	amanda@loveslaborbirthservices.com	www.loveslaborbirthservices.com	\$450	East Bay	Birth Doula (Not currently accepting clients)	
Trina Mackie	510-540-7262	trinamackie@hotmail.com		Sliding scale	Berkeley, Oakland, SF	Birth Doula	Spanish
Treesa McLean		treesa.mclean@sbcglobal.net		\$1000-\$1500	East Bay	Birth and Postpartum Doula, Childbirth Educator, Midwife Assistant	
Pat Mullarkey	510-236-9633	pamullarkey@hotmail.com		\$30-\$35/hr PP	East Bay, SF, Marin, CCC	Twin Night Postpartum Doula	
Annie Olinick	802-989-9021	anneolinick@gmail.com	www.birthadvocate.com	\$500	Bay Area	Birth Doula, Massage Therapist	Spanish
Candace Palmerlee	510-917-7175	candacep@sbcglobal.net	www.cpalmerlee.com	\$1,000	East Bay	Birth Doula, Prenatal/Orthopedic Massage, Newborn Massage Instructor	
Nancy Petrin	510-524-1506	nanpetrin@yahoo.com		\$800	East Bay	Birth & Postpartum Doula	Spanish
Sara Pinkerton	650-670-2532	betterbirthdoulaservices@yahoo.com	www.betterbirthdoulaservices.com	\$600 \$30/hr PP	East Bay	Birth & Postpartum Doula	
Mara Popescu	510-848-5132	marutz@gmail.com		Sliding scale	Berkeley	Birth Doula	Spanish, Romanian
Marnie Berringer Riddle	510-893-3983	mberringer@yahoo.com			SF, East Bay	Birth Doula	
Mariaelena Robles Quale	510-760-7549	eastbaydoula@gmail.com	www.milestonesbirth.com	\$700		Birth Doula, Birth Tub Rentals	
Felicia Roche	510-530-5056	doula@att.net	www.feliciaroche.com	\$1,100	SF, East Bay	Birth Doula, Doula Trainer, Newborn Massage Instructor, Lactation Counselor	
Emily Ross	510-224-7255	emilybrookeross@hotmail.com		\$1,000	East Bay, SF	Birth & Postpartum Doula, Childbirth Educator, Lactation Consultant, Massage Therapist	

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Lauren Samuel	510-495-6783			\$750 Sliding Scale	East Bay	Birth Doula, Massage, Herbalist	
Paula Santi	925-933-5002	doulapaulasanti@yahoo.com		\$850	East Bay	Birth & Postpartum Doula	
Esther Schmidt	510-725-5456	BreatheDoula@gmail.com	www.Breathe-Esther.org	\$700 Sliding Scale	East Bay	Birth Doula, Yoga Instructor	
Terra Senter	925-876-8273	terrasenter@gmail.com		Low cost Sliding Scale	East Bay	Birth Doula	some Spanish
Carol Shattuck-Rice	510-527-7210	carolshattuck-rice@comcast.net	www.openheartdoulatraining.com	\$1,000 \$25-\$30/hr PP		Birth & Postpartum Doula, Infant Massage Instructor, Childbirth Educator, DONA Birth Doula Trainer	
Joan Sheehan	415-200-9312	joandublin9@sbcglobal.net		\$30/hr PP	East Bay	Postpartum Doula, Nights, Weekends, Multiples	
Star - (Pamela Star)	415-595-6017	sfstarbaby@yahoo.com	www.doulastar.com	\$800-\$1000	Bay Area	Birth Doula	
Reise Tanner	415-264-1786	reise@treeinthegarden.com	www.treeinthegarden.com	\$500 Sliding Scale \$25/hr PP		Birth and Postpartum Doula, Yoga Instructor	
Mary Vecchio	925-674-1974	iluvpetri@hotmail.com				Birth Doula (Not currently accepting clients)	
Kristy Vicari	707-373-2404			\$735	East Bay	Birth Doula, Yoga Instructor, Hypnobirthing	
Holly Wiersma	925-947-5874	hdwiersma@hotmail.com	www.gotcontractions.com	\$950	East Bay, CCC	Birth Doula, Newborn Massage Instructor, Lactation Educator, Happiest Baby on the Block Educator	
Constance Williams	510-558-7121	mydoula@igc.org	mydoula.us	\$900-\$1200 \$35/hr PP	East Bay, SF, Marin, CCC	Birth Doula, Night Twins Postpartum Doula, Childbirth and Newborn Care Educator	
Sue Wirth	510-524-6917	sue7211@aol.com			East Bay	Lactation Consultant	
Gail Zwerdling-Nelson	510-418-1835	gznelson@earthlink.net		\$20/hr PP	East Bay, SF, Marin, CCC	Postpartum Doula, Nights, Multiples, Newborn Care	